

## Wettkampf 122 - 400m Freistil männlich (Finale)

### Jahrgang 2012

Platz	Schwimmer(in)	Jg.	Verein	Endzeit		
1. und Deutscher Jahrgangsmeister 2026						
	Leonard Salan	2012	Berliner TSC	04:14,29	647	12
	50m: 00:28,54 (00:28,54)   100m: 01:00,39 (00:31,85)   150m: 01:33,02 (00:32,63)   200m: 02:06,35 (00:33,33) 250m: 02:39,11 (00:32,76)   300m: 03:12,12 (00:33,01)   350m: 03:43,77 (00:31,65)   400m: 04:14,29 (00:30,52)					
2.	Disma Devoto	2012	SC Delphin Ingolstadt	04:14,43	646	9
	50m: 00:28,70 (00:28,70)   100m: 01:00,08 (00:31,38)   150m: 01:32,64 (00:32,56)   200m: 02:05,52 (00:32,88) 250m: 02:38,65 (00:33,13)   300m: 03:11,40 (00:32,75)   350m: 03:43,95 (00:32,55)   400m: 04:14,43 (00:30,48)					
3.	Matthäus Haberkorn	2012	Dresdner Delphine	04:19,80	606	7
	50m: 00:28,62 (00:28,62)   100m: 01:00,27 (00:31,65)   150m: 01:33,25 (00:32,98)   200m: 02:06,39 (00:33,14) 250m: 02:40,47 (00:34,08)   300m: 03:14,18 (00:33,71)   350m: 03:47,54 (00:33,36)   400m: 04:19,80 (00:32,26)					
4.	Franz Markutzik	2012	Hofheimer SC	04:20,97	598	5
	50m: 00:29,74 (00:29,74)   100m: 01:01,96 (00:32,22)   150m: 01:34,90 (00:32,94)   200m: 02:08,32 (00:33,42) 250m: 02:41,84 (00:33,52)   300m: 03:15,78 (00:33,94)   350m: 03:49,59 (00:33,81)   400m: 04:20,97 (00:31,38)					
5.	Lamarana Jalloh	2012	Hamburger SC	04:21,57	594	4
	50m: 00:30,02 (00:30,02)   100m: 01:03,15 (00:33,13)   150m: 01:36,71 (00:33,56)   200m: 02:10,41 (00:33,70) 250m: 02:44,46 (00:34,05)   300m: 03:18,44 (00:33,98)   350m: 03:51,41 (00:32,97)   400m: 04:21,57 (00:30,16)					
6.	Daniel Severyuk	2012	SSG Leipzig	04:23,64	580	3
	50m: 00:29,91 (00:29,91)   100m: 01:03,42 (00:33,51)   150m: 01:37,23 (00:33,81)   200m: 02:11,30 (00:34,07) 250m: 02:45,10 (00:33,80)   300m: 03:18,72 (00:33,62)   350m: 03:51,47 (00:32,75)   400m: 04:23,64 (00:32,17)					
7.	Fynn Valentin Tanke	2012	SV Halle / Saale	04:25,14	570	2
	50m: 00:29,75 (00:29,75)   100m: 01:03,10 (00:33,35)   150m: 01:36,62 (00:33,52)   200m: 02:10,57 (00:33,95) 250m: 02:44,59 (00:34,02)   300m: 03:18,68 (00:34,09)   350m: 03:52,33 (00:33,65)   400m: 04:25,14 (00:32,81)					
8.	Liam Meyer	2012	SV Nikar Heidelberg	04:29,89	541	1
	50m: 00:29,69 (00:29,69)   100m: 01:02,82 (00:33,13)   150m: 01:36,77 (00:33,95)   200m: 02:11,38 (00:34,61) 250m: 02:46,04 (00:34,66)   300m: 03:20,76 (00:34,72)   350m: 03:55,93 (00:35,17)   400m: 04:29,89 (00:33,96)					

### Jahrgang 2011

Platz	Schwimmer(in)	Jg.	Verein	Endzeit		
1. und Deutscher Jahrgangsmeister 2026						
	Stefan Louts-Häußler	2011	SGR Karlsruhe	04:02,96	742	12
	50m: 00:27,99 (00:27,99)   100m: 00:58,30 (00:30,31)   150m: 01:28,78 (00:30,48)   200m: 01:59,90 (00:31,12) 250m: 02:31,03 (00:31,13)   300m: 03:02,05 (00:31,02)   350m: 03:32,86 (00:30,81)   400m: 04:02,96 (00:30,10)					
2.	Akram Ammar	2011	Wasserfreunde Spandau 04	04:07,49	702	9
	50m: 00:28,58 (00:28,58)   100m: 00:59,91 (00:31,33)   150m: 01:32,03 (00:32,12)   200m: 02:04,52 (00:32,49) 250m: 02:35,81 (00:31,29)   300m: 03:07,11 (00:31,30)   350m: 03:36,99 (00:29,88)   400m: 04:07,49 (00:30,50)					
3.	Erik Hausauer	2011	SSG Pforzheim	04:11,14	671	7
	50m: 00:28,18 (00:28,18)   100m: 00:59,63 (00:31,45)   150m: 01:31,37 (00:31,74)   200m: 02:03,67 (00:32,30) 250m: 02:35,57 (00:31,90)   300m: 03:07,88 (00:32,31)   350m: 03:39,48 (00:31,60)   400m: 04:11,14 (00:31,66)					
4.	Oscar Thümer	2011	BSV Medizin Marzahn 1990	04:13,22	655	5
	50m: 00:28,11 (00:28,11)   100m: 00:59,52 (00:31,41)   150m: 01:31,75 (00:32,23)   200m: 02:04,13 (00:32,38) 250m: 02:36,64 (00:32,51)   300m: 03:09,10 (00:32,46)   350m: 03:41,68 (00:32,58)   400m: 04:13,22 (00:31,54)					
5.	Paco Franze	2011	SG Essen	04:13,69	651	4
	50m: 00:28,38 (00:28,38)   100m: 01:00,21 (00:31,83)   150m: 01:32,61 (00:32,40)   200m: 02:05,27 (00:32,66) 250m: 02:37,89 (00:32,62)   300m: 03:10,70 (00:32,81)   350m: 03:43,70 (00:33,00)   400m: 04:13,69 (00:29,99)					

**noch Wettkampf 122 - 400m Freistil männlich (Finale)**

**noch Jahrgang 2011**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit		
6.	Edouard Plantet-Vuc	2011	TSV Hohenbrunn-Riemerling	04:14,06	648	3
	50m: 00:29,26 (00:29,26)   100m: 01:01,85 (00:32,59)   150m: 01:34,07 (00:32,22)   200m: 02:06,66 (00:32,59) 250m: 02:39,14 (00:32,48)   300m: 03:11,40 (00:32,26)   350m: 03:43,47 (00:32,07)   400m: 04:14,06 (00:30,59)					
7.	Johannes Alferi	2011	SGR Karlsruhe	04:15,37	639	2
	50m: 00:29,00 (00:29,00)   100m: 01:01,13 (00:32,13)   150m: 01:33,63 (00:32,50)   200m: 02:06,44 (00:32,81) 250m: 02:39,06 (00:32,62)   300m: 03:11,81 (00:32,75)   350m: 03:43,76 (00:31,95)   400m: 04:15,37 (00:31,61)					
8.	Leon Anstipp	2011	SG Gladbeck/Recklinghausen	04:18,96	612	1
	50m: 00:28,82 (00:28,82)   100m: 01:00,97 (00:32,15)   150m: 01:33,84 (00:32,87)   200m: 02:06,76 (00:32,92) 250m: 02:39,95 (00:33,19)   300m: 03:13,55 (00:33,60)   350m: 03:46,92 (00:33,37)   400m: 04:18,96 (00:32,04)					
9.	Mohamed Laadraoui	2011	SSF Bonn	04:19,23	610	
	50m: 00:29,17 (00:29,17)   100m: 01:01,12 (00:31,95)   150m: 01:34,12 (00:33,00)   200m: 02:07,05 (00:32,93) 250m: 02:40,14 (00:33,09)   300m: 03:13,33 (00:33,19)   350m: 03:47,16 (00:33,83)   400m: 04:19,23 (00:32,07)					

**Jahrgang 2010**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit		
1. und Deutscher Jahrgangsmeister 2026						
	Pedro Stier	2010	SG Neukölln e.V. Berlin	04:01,74	753	12
	50m: 00:27,56 (00:27,56)   100m: 00:57,59 (00:30,03)   150m: 01:28,28 (00:30,69)   200m: 01:59,40 (00:31,12) 250m: 02:30,37 (00:30,97)   300m: 03:01,44 (00:31,07)   350m: 03:32,76 (00:31,32)   400m: 04:01,74 (00:28,98)					
2.	Christian Schubert	2010	Dresdner SC 1898	04:03,02	741	9
	50m: 00:27,33 (00:27,33)   100m: 00:57,38 (00:30,05)   150m: 01:28,17 (00:30,79)   200m: 01:59,29 (00:31,12) 250m: 02:30,41 (00:31,12)   300m: 03:01,65 (00:31,24)   350m: 03:32,84 (00:31,19)   400m: 04:03,02 (00:30,18)					
3.	Elias Himmelsbach	2010	SSG Leipzig	04:03,23	739	7
	50m: 00:27,55 (00:27,55)   100m: 00:57,95 (00:30,40)   150m: 01:29,15 (00:31,20)   200m: 02:00,72 (00:31,57) 250m: 02:31,74 (00:31,02)   300m: 03:02,57 (00:30,83)   350m: 03:33,67 (00:31,10)   400m: 04:03,23 (00:29,56)					
4.	Ilias Hamdouch	2010	Cologne Swimming Club	04:04,77	725	5
	50m: 00:28,24 (00:28,24)   100m: 00:58,68 (00:30,44)   150m: 01:29,54 (00:30,86)   200m: 02:01,24 (00:31,70) 250m: 02:32,20 (00:30,96)   300m: 03:03,32 (00:31,12)   350m: 03:34,64 (00:31,32)   400m: 04:04,77 (00:30,13)					
5.	Jonas Hirsch	2010	SV Mannheim	04:08,46	693	4
	50m: 00:27,71 (00:27,71)   100m: 00:58,15 (00:30,44)   150m: 01:29,30 (00:31,15)   200m: 02:00,91 (00:31,61) 250m: 02:32,49 (00:31,58)   300m: 03:04,47 (00:31,98)   350m: 03:36,81 (00:32,34)   400m: 04:08,46 (00:31,65)					
6.	Raphael Zesewitz	2010	Dresdner SC 1898	04:09,14	688	3
	50m: 00:27,56 (00:27,56)   100m: 00:58,14 (00:30,58)   150m: 01:29,72 (00:31,58)   200m: 02:01,44 (00:31,72) 250m: 02:33,17 (00:31,73)   300m: 03:05,31 (00:32,14)   350m: 03:37,66 (00:32,35)   400m: 04:09,14 (00:31,48)					
7.	Thorben Salfitzky	2010	Dresdner SC 1898	04:10,63	675	2
	50m: 00:27,91 (00:27,91)   100m: 00:58,58 (00:30,67)   150m: 01:30,72 (00:32,14)   200m: 02:02,84 (00:32,12) 250m: 02:35,13 (00:32,29)   300m: 03:07,41 (00:32,28)   350m: 03:39,58 (00:32,17)   400m: 04:10,63 (00:31,05)					
8.	Yessin Ammar	2010	Wasserfreunde Spandau 04	04:10,71	675	1
	50m: 00:28,47 (00:28,47)   100m: 00:59,55 (00:31,08)   150m: 01:31,24 (00:31,69)   200m: 02:03,34 (00:32,10) 250m: 02:35,23 (00:31,89)   300m: 03:07,53 (00:32,30)   350m: 03:39,47 (00:31,94)   400m: 04:10,71 (00:31,24)					

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**Jahrgang 2009**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit		
1. und Deutscher Jahrgangsmeister 2026						
	Nils Nolte	2009	Berliner TSC	03:51,35	859	12
	50m: 00:27,04 (00:27,04)   100m: 00:56,29 (00:29,25)   150m: 01:26,25 (00:29,96)   200m: 01:56,31 (00:30,06) 250m: 02:25,55 (00:29,24)   300m: 02:54,77 (00:29,22)   350m: 03:23,32 (00:28,55)   400m: 03:51,35 (00:28,03)					
2.	Simon Brugger	2009	SG Stadtwerke München	03:52,74	844	9
	50m: 00:27,06 (00:27,06)   100m: 00:56,10 (00:29,04)   150m: 01:26,05 (00:29,95)   200m: 01:56,03 (00:29,98) 250m: 02:25,61 (00:29,58)   300m: 02:55,38 (00:29,77)   350m: 03:24,41 (00:29,03)   400m: 03:52,74 (00:28,33)					
3.	Jonas Lieschke	2009	Hamburger SC	03:59,83	771	7
	50m: 00:27,08 (00:27,08)   100m: 00:56,48 (00:29,40)   150m: 01:26,68 (00:30,20)   200m: 01:57,11 (00:30,43) 250m: 02:28,04 (00:30,93)   300m: 02:59,03 (00:30,99)   350m: 03:29,83 (00:30,80)   400m: 03:59,83 (00:30,00)					
4.	Jonathan Koepnick	2009	1.FCN Schwimmen	04:01,48	755	5
	50m: 00:26,36 (00:26,36)   100m: 00:55,64 (00:29,28)   150m: 01:26,34 (00:30,70)   200m: 01:57,68 (00:31,34) 250m: 02:29,38 (00:31,70)   300m: 03:01,56 (00:32,18)   350m: 03:32,95 (00:31,39)   400m: 04:01,48 (00:28,53)					
5.	Ben David Preuß	2009	SG Neukölln e.V. Berlin	04:03,36	738	4
	50m: 00:27,06 (00:27,06)   100m: 00:56,93 (00:29,87)   150m: 01:28,30 (00:31,37)   200m: 01:59,82 (00:31,52) 250m: 02:31,37 (00:31,55)   300m: 03:03,05 (00:31,68)   350m: 03:34,57 (00:31,52)   400m: 04:03,36 (00:28,79)					
6.	Yann Börgeling	2009	SG Heddesheim	04:03,82	734	3
	50m: 00:27,20 (00:27,20)   100m: 00:57,51 (00:30,31)   150m: 01:28,62 (00:31,11)   200m: 01:59,94 (00:31,32) 250m: 02:31,56 (00:31,62)   300m: 03:03,17 (00:31,61)   350m: 03:34,19 (00:31,02)   400m: 04:03,82 (00:29,63)					
7.	Marec Pöschmann	2009	Dresdner SC 1898	04:09,14	688	2
	50m: 00:27,52 (00:27,52)   100m: 00:57,71 (00:30,19)   150m: 01:29,22 (00:31,51)   200m: 02:00,97 (00:31,75) 250m: 02:32,66 (00:31,69)   300m: 03:05,00 (00:32,34)   350m: 03:37,56 (00:32,56)   400m: 04:09,14 (00:31,58)					
8.	Ken Kien Duong	2009	SGR Karlsruhe	04:09,79	682	1
	50m: 00:27,54 (00:27,54)   100m: 00:57,70 (00:30,16)   150m: 01:29,02 (00:31,32)   200m: 02:00,45 (00:31,43) 250m: 02:32,50 (00:32,05)   300m: 03:04,88 (00:32,38)   350m: 03:37,31 (00:32,43)   400m: 04:09,79 (00:32,48)					

**Jahrgang 2008**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit		
1. und Deutscher Jahrgangsmeister 2026						
	Leo Leverkus	2008	SGR Karlsruhe	03:58,06	788	12
	50m: 00:26,78 (00:26,78)   100m: 00:56,17 (00:29,39)   150m: 01:26,99 (00:30,82)   200m: 01:58,07 (00:31,08) 250m: 02:28,88 (00:30,81)   300m: 02:59,45 (00:30,57)   350m: 03:29,64 (00:30,19)   400m: 03:58,06 (00:28,42)					
2.	Leo Ilias Baumann	2008	SSG Saar Max Ritter	03:59,04	779	9
	50m: 00:27,17 (00:27,17)   100m: 00:56,50 (00:29,33)   150m: 01:27,24 (00:30,74)   200m: 01:58,29 (00:31,05) 250m: 02:29,57 (00:31,28)   300m: 03:00,44 (00:30,87)   350m: 03:30,54 (00:30,10)   400m: 03:59,04 (00:28,50)					
3.	Roland Bordas	2008	SC Magdeburg	04:00,83	761	7
	50m: 00:27,42 (00:27,42)   100m: 00:56,79 (00:29,37)   150m: 01:27,02 (00:30,23)   200m: 01:58,05 (00:31,03) 250m: 02:29,23 (00:31,18)   300m: 03:00,24 (00:31,01)   350m: 03:30,72 (00:30,48)   400m: 04:00,83 (00:30,11)					
4.	Luis Lengfellner	2008	SC Regensburg	04:00,95	760	5
	50m: 00:27,81 (00:27,81)   100m: 00:58,09 (00:30,28)   150m: 01:28,98 (00:30,89)   200m: 02:00,19 (00:31,21) 250m: 02:30,44 (00:30,25)   300m: 03:01,07 (00:30,63)   350m: 03:31,47 (00:30,40)   400m: 04:00,95 (00:29,48)					
5.	Louis Nowak	2008	TSV Eintracht Karlsfeld	04:07,43	702	4
	50m: 00:27,59 (00:27,59)   100m: 00:57,80 (00:30,21)   150m: 01:29,03 (00:31,23)   200m: 02:00,45 (00:31,42) 250m: 02:32,31 (00:31,86)   300m: 03:04,21 (00:31,90)   350m: 03:36,48 (00:32,27)   400m: 04:07,43 (00:30,95)					

**noch Wettkampf 122 - 400m Freistil männlich (Finale)**

**noch Jahrgang 2008**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit		
6.	Vincent Strittmatter	2008	SC Delphin Ingolstadt	04:08,36	694	3
	50m: 00:28,31 (00:28,31)   100m: 00:59,19 (00:30,88)   150m: 01:30,66 (00:31,47)   200m: 02:02,18 (00:31,52) 250m: 02:34,15 (00:31,97)   300m: 03:05,92 (00:31,77)   350m: 03:37,69 (00:31,77)   400m: 04:08,36 (00:30,67)					
7.	Lauri Schnabel	2008	SC 53 Landshut	04:08,97	689	2
	50m: 00:28,52 (00:28,52)   100m: 00:59,80 (00:31,28)   150m: 01:31,23 (00:31,43)   200m: 02:02,84 (00:31,61) 250m: 02:34,55 (00:31,71)   300m: 03:06,44 (00:31,89)   350m: 03:38,13 (00:31,69)   400m: 04:08,97 (00:30,84)					
8.	Erik Salewsky	2008	SG Rhein-Mosel	04:10,84	674	1
	50m: 00:28,01 (00:28,01)   100m: 00:58,51 (00:30,50)   150m: 01:30,24 (00:31,73)   200m: 02:02,60 (00:32,36) 250m: 02:34,90 (00:32,30)   300m: 03:07,46 (00:32,56)   350m: 03:39,85 (00:32,39)   400m: 04:10,84 (00:30,99)					